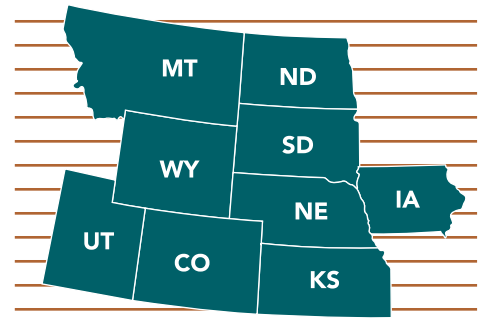


# Snapshot of Title VI Programs in Regions VII & VIII

## PLAINS AND MOUNTAINS REGIONS



### Overview

Title VI Native American Aging Programs (Title VI programs) provide nutrition, supportive and caregiver services to older American Indians, Alaska Natives and Native Hawaiians. Established by the Older Americans Act (OAA) in 1978, there are more than 280 Title VI programs in the United States. Title VI grants are awarded to tribal entities in federally recognized tribes, as well as to organizations representing Native Hawaiian elders (Title VI grantees). This data brief shares information about Title VI programs in U.S. Department of Health and Human Services (HHS) Regions VII and VIII which include Title VI programs located in Colorado, Iowa, Kansas, Nebraska, Montana, North Dakota, South Dakota, Utah and Wyoming. Twenty-four of Regions VII and VIII's 33 Title VI programs responded to the survey, for a response rate of 73 percent. The data in this report compares regional data with information about Title VI programs overall.

### Budget and Staffing

The table below shows the median and range for annual budgets and staff size of the Title VI programs in Regions VII and VIII compared to Title VI programs across the country. Budgets vary considerably among programs due to differences in program size and amount of funding received from non-federal sources.

**Table 1: Title VI Budget and Staffing Levels**

	Regions VII and VIII Median	Regions VII and VIII Range	National Median	National Range
Annual budget	\$255,155	\$95,930-\$1,274,307	\$235,388	\$58,276-\$3,233,935
Number of full-time staff	4	0-12	2	0-65
Number of part-time staff	2	0-9	2	0-55

\*Regions VII and VIII budget n=20; Regions VII and VIII staff n=24; national budget n=198; national staff n=228

### Funding Sources

Some Title VI programs rely exclusively on OAA Title VI Parts A/B and C funding to serve their elders, while others receive funding from multiple sources, as shown in Table 2.<sup>1</sup> The percent columns in the table below show what percentage of programs received any funding from each funding source. The amount in the median columns show the median amount of funding received among all Title VI programs reporting some amount, greater than \$0, from that specific funding source.

1 Title VI Parts A/B provide funding for nutrition services and supportive services. Part C provides funding for caregiver support services.

**Table 2: Proportion of Title VI Programs Receiving Funding from Various Sources and Median Amounts**

	Regions VII and VIII Percent Receiving (n=20)	Regions VII and VIII Median Amount (n varies)	National Percent Receiving (n=198)	National Median Amount (n varies)
OAA Title VI Parts A/B	95%	\$124,225	100%	\$103,180
OAA Title VI Part C	75%	\$40,765	87%	\$36,675
OAA Nutrition Services Incentive Program (NSIP)	60%	\$15,938	90%	\$10,493
Tribal dollars, including gaming revenue	60%	\$278,237	40%	\$259,999
OAA Title III (not NSIP)	45%	\$66,168	27%	\$72,200
State Funds	10%	\$1,671	20%	\$87,664
Medicaid	5%	\$13,900	9%	\$8,484
Other (e.g., private donations, grants)	25%	\$47,000	28%	\$18,500

## Services

Title VI programs provide critical services to elders and caregivers, including meals, information and referral, as well as other supportive services. Table 3 lists the services most commonly provided by Title VI programs across the country, and the proportion of Title VI programs in Regions VII and VIII offering each service.

**Table 3: Proportion of Title VI Grantees Providing Selected Services Funded Partially or Fully Through Title VI Funds**

	Regions VII and VIII (n=24)	National (n=231)
Congregate meals	100%	97%
Home-delivered meals	100%	97%
Information and referral/assistance	86%	89%
Outreach	88%	86%
Special events for elders	100%	79%
Family caregiver support services	79%	79%
Telephone reassurance/friendly visiting	83%	78%
Senior center activities	88%	71%
Transportation (medical or non-medical)	71%	65%
Cultural events	79%	62%
Respite care	63%	61%

## Unmet Needs

Title VI grantees provide a wide range of services, but the limited funding they receive does not necessarily allow them to meet all the needs of the elders they serve. Table 4 lists the unmet needs most commonly reported by Title VI programs across the country, and the proportion of Title VI programs in Regions VII and VIII reporting that need.

**Table 4: Proportion of Title VI Grantees Reporting Some Unmet Needs for Elders by Topic**

	Regions VII and VIII (n=24)	National (n=231)
Home repair (e.g., replacing a broken window, repairing leaks)	88%	89%
Money management	83%	89%
Help in home (e.g., personal care)	88%	89%
Home modification (e.g., ramps, grab bars, widened doorways)	91%	86%
Homemaker help	83%	81%
Legal assistance	67%	80%
Chore (e.g., yard work)	83%	79%
Supportive services for grandparents raising grandchildren	83%	77%
Dementia awareness	79%	77%
Mental health services	83%	76%
Emergency response system	75%	75%
Help with medication	63%	74%

## Priorities for Long-Term Services and Supports

Forty-six percent of Title VI programs in Regions VII and VIII are having discussions with tribal leadership about developing or expanding long-term services and supports (LTSS), compared with 46 percent of Title VI programs nationally. In Regions VII and VIII, the most commonly discussed LTSS are in-home care, transportation and adult day service.

## Partnerships

To serve elders, Title VI programs partner with other organizations and departments both within and external to their tribes. Table 5 lists the partnerships most commonly reported by Title VI programs across the country, and the proportion of Title VI programs in Regions VII and VIII with that partner.

**Table 5: Proportion of Title VI Programs Partnering with Various Organizations**

	Regions VII and VIII (n=23)	National (n=218)
Tribal health care (e.g., tribal health clinic or center)	78%	81%
Indian Health Service	91%	81%
Tribal housing	91%	80%
Adult Protective Services	87%	79%
Tribal health department/Tribal public health	91%	77%
Area Agency on Aging (Title III)	96%	76%
Veterans Administration	74%	70%
State unit or department of aging	78%	68%
Medicaid	70%	67%
Medicare	70%	66%
Disability service organizations	70%	65%
Nursing home, assisted living facility or group homes	70%	65%

Title VI programs have important partnerships with tribal health care to support elders' health needs. Among Title VI programs that reported partnerships with tribal health care, Table 6 lists the types of activities on which they partner.

**Table 6: Proportion of Title VI Programs with Certain Activities Through Partnerships with Tribal Health**

	Regions VII and VIII (n=21)	National (n=194)
Provide nutrition and/or health education	86%	78%
Conduct wellness checks	86%	73%
Provide transportation	67%	70%
Coordinate on diabetes wellness programs	71%	67%
Coordinate COVID-19 preparedness and response	62%	67%
Coordinate on annual health fair	48%	63%
Make home visits or deliver meals	52%	58%
Coordinate on flu clinic	71%	58%
Deliver medications	62%	56%
Approve meals and/or help with menu planning	53%	55%

Title VI programs also partner with AAAs and other Title III providers to serve tribal elders. Of the Title VI programs that reported partnerships with AAAs/Title III providers, Table 7 lists the types of activities on which they partner.

**Table 7: Proportion of Title VI Programs with Certain Activities Through Partnerships with AAAs or Title III Providers**

	Regions VII and VIII (n=22)	National (n=163)
Attend meetings and events together	46%	55%
AAA(s)/Title III provider(s) offer services in our community	41%	48%
Exchange information about the elders we serve (e.g., SAMS software)	41%	47%
We receive training and education from AAA(s)/Title III provider(s)	50%	41%
Receive funding from local AAA(s)/Title III provider(s)	59%	39%
Our local AAA(s)/Title III provider(s) have a dedicated office or liaison that we work with	41%	39%

### Regions VII and VIII Title VI Directors Share Their Stories

Title VI directors shared information on how they are using funding in new or creative ways during the COVID-19 pandemic and how they have overcome challenges.

*“I’m extremely proud of how my employees have stepped up for the elders during this stressful time. They have gone beyond the call of duty.”*

*“We are delivering weekly care packages instead of daily cooked meals to all elders who qualify for this service. We are also developing activity packets that will be delivered with our weekly care packages. We have increased our delivery staff’s duties to include checking on the elder from outside of the home, such as from the porch.”*

### About This Regional Profile

Data presented in this profile was gathered through the 2020 National Survey of Title VI Programs conducted by the National Association of Area Agencies on Aging (n4a) in partnership with the Scripps Gerontology Center. The survey was in the field from September–December 2020 and had an 84 percent response rate. The full survey report is available at [www.n4a.org/buildingcapacity](http://www.n4a.org/buildingcapacity).



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