Data shown in this report were gathered through the 2022 National Survey of Area Agencies on Aging conducted by USAGing in partnership with the Scripps Gerontology Center at Miami University. The survey helps track the trends and new directions in a growing and evolving Aging Network. The full survey results are available in the 2023 chartbook: More Older Adults, More Complex Needs: Trends and New Directions from the National Survey of Area Agencies on Aging, available at www.usaging.org/aaasurvey.

About Texas’ AAAs

- Fifteen of 28 Texas AAAs completed the survey.
- Most of the responding AAAs are part of a council of governments or regional planning and development agency. One AAA is a part of city government and one is an independent nonprofit agency.
- Five of Texas’ responding AAAs serve predominantly rural areas, one serves a mix of urban and suburban areas, and the rest serve a mix of urban, suburban and rural areas.

Services and Supports

All AAAs provide the core supportive services required by the Older Americans Act (OAA), including nutrition (home-delivered and congregate meals), disease prevention and health promotion, caregiver services and elder rights. AAAs also provide innovative services that are tailored to meet local and regional needs by supporting the health and independence of older adults in their communities. The most common additional services provided by Texas AAAs, whether directly or through a contracted provider, are below.

- Benefits/health insurance counseling
- Benefits/health insurance enrollment assistance
- Case management
- Home repair or modification
- Ombudsman services
- Respite care
- Assessment for care planning

Populations Served

AAAs often serve populations in addition to those who are 60 and older. In Texas, the most commonly served populations under the age of 60 are consumers with a disability and caregivers of all ages.

1 Please note that if there is significant variation across AAAs within a state, it is possible that non-respondents differ from respondents in ways that would change overall findings if they had responded. Not all AAAs answered every question.
Texas Area Agencies on Aging State Data Summary

Budget and Staffing
Details about the median budget (2021 fiscal or calendar year) and staff size of the Texas AAAs that responded to the survey are below.

- The median budget of Texas AAAs is $4.1 million, with a range of $684,251 to $20 million.
- The most common sources of funding for Texas AAAs are the OAA, COVID-19-relief funds and state funds.
- The median number of full-time staff is 12, with a range between six and 47.
- The median number of part-time staff is one, with a range between zero and seven.
- The median number of volunteers is 17, with a range between zero and 75.

Other AAA Roles
- Ten responding Texas AAAs lead or are a part of an Aging and Disability Resource Center (ADRC).
- Twelve responding Texas AAAs serve as the local State Health Insurance Assistance Program.
- Thirteen responding Texas AAAs operate a Long-Term Care Ombudsman Program.

About Area Agencies on Aging
Area Agencies on Aging (AAAs) across the country help ensure that older adults and people with disabilities live with optimal health, well-being, independence and dignity in their homes and communities by providing a coordinated system of services and supports. Established by the federal Older Americans Act in 1973, there are more than 600 AAAs nationwide. Learn more about AAAs at www.usaging.org.

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